

Football Youth and Advanced Camp

Camp Description:

7-16 yrs / 1 wk starting Jul 8 / prices below

This non-contact football camp prepares players on the fundamentals of tackle football in a positive and safe learning environment. Novice players learn basic skills while having fun. Experienced players work on specific skills to reach the “next level this fall”. Camp covers passing, receiving, blocking, kicking, and offensive/defensive line play. Participate in daily run-and-shoot touch (non-contact) games. This camp is predicated on learning while having fun. Our Advance camp is geared towards helping players be prepared for the upcoming tackle season with our **comprehensive skills & tackle program**. This non-contact football camp provides instruction that challenges experienced players and effectively introduces newcomers to the game. Focus is on reinforcing fundamental skills, while learning techniques to improve your game. Conditioning and coordination drills will help players explode out of their stance with proper technique and improved speed. Work on passing, receiving, blocking, tackling (dummies), and offensive and defensive line play. Want to be a kicker or punter? Kickers and punters will get individualized team instruction on kicking techniques through a variety of drills taught by experienced high school coaches. Use your newly learned skills in run-and-shoot games. Each day ends with a chalk talk to reinforce learning.

Camp is directed and instructed by the Wilde Lake High School 2010 State Championship coaching staff. With a ratio of less than 1:10, this is one of our most popular contractual camps. *Extend your hours with HC Summer Mix Camp. For more information, contact Will Dunmore at 410-313-1697.

Wilde Lake H.S.

8-10 yrs / 1 hr / \$130

[RP7301.401](#) Jul 8 9am- noon M-F

11-13 yrs / 1 hr / \$140

[RP7301.402](#) Jul 8 9am- noon M-F

Sign-In / Sign-Out Procedures:

The camp will run at the times specified above Monday through Friday. Registration verification and check-in will take place each morning as the campers arrive. **The person picking up the camper must come to the camp meeting location and sign the camper out before the camper will be released.**

What to Bring:

- BRING A FILLED WATER BOTTLE – extra water will be available on-site and we will take frequent water breaks.
- All campers MUST be signed-in and signed-out DAILY. Curb pick-up is not an option as a safety precaution for our campers. (A signed note must be given to the Camp Director for permission for your child to go home with anyone other than those listed on the “Camp Participation” form).

- **Mouth guard is mandatory.** Wear comfortable, light colored clothing and flat soled athletic shoes for inclement weather. Molded Football Cleats, not screw-ins (optional). Jewelry of any kind is discouraged.
- All snacks need to be non-perishable; no peanut-products please due to food allergies
- Apply sunscreen prior to arrival at camp.
- Should the camp get inclement weather, campers will go inside to an indoor facility at Wilde Lake. Drop off and pick up will always be at Wilde Lake High School.

Important Forms:

- **Participant Information Form** [←click to access form online](#)
You MUST bring this form, completed and signed, with you on the first day of camp. Without this form, we cannot accept your child at camp. Please notify the Camp Director in writing of any allergies or health concerns pertinent to your child's camp experience.
- **Medication Order Form** [←click to access form online](#)
Sending medication to camp is highly discouraged. But, if it is necessary for medication to be administered during the operation of the camp, a Medication Order Form must be filled out and signed by the parent. Forms are available on the Department's website: www.hcrpsports.com or can be obtained at camp on the first day. A separate form is required for each medication. All medications must be in the original container with the medication name, physician's name, dosage and expiration date.

Directions:

Wilde Lake High School- 5460 Trumpeter Road Columbia, MD 21044

Take **I 95 South** to **MD Route 100 West** (towards Columbia)

At the end of Route 100, bear left onto Route 29 South

Route 175 West (Exit 20B - towards Columbia Town Center - Long exit ramp)

After the second light, bear right onto Governor Warfield Parkway

At the second light, turn right onto Twin Rivers Road

At the first light, turn left onto Trumpeter Road

Wilde Lake High School is 100 yards ahead, on your left

Inclement Weather:

For inclement weather program changes, information will be available 45 minutes prior to the camp start time on the Department's program status line, 410-313-4451; press 4 for camps. The recorded message will reflect any change to the drop off location or time changes for the camp.

For More Information:

Will Dunmore

Recreation Supervisor

410-313-1697

wdunmore@howardcountymd.gov